



937 Franklin Ave.
Lemoore, CA 93246
(559) 998-4477/4849

INSTRUCTIONS FOR AFTER YOUR BARIUM STUDY

Name: _____

1. Drink at least six, eight ounce glasses of water each day.
2. A mild laxative, such as Milk of Magnesia or Mineral Oil may be taken for one or two days.
3. A cleansing enema may be helpful, 24 hours after the procedure.
4. If you encounter any difficulties, please contact your Primary Care Provider.