



NAVAL HOSPITAL LEMOORE  
RADIOLOGY DEPARTMENT  
937 FRANKLIN AVE  
LEMOORE, CA 93246  
(559) 998-4477/4849

### **Arthrography Patient Instructions**

1. Please have nothing to eat or drink for four (4) hours prior to the examination.
2. For a knee or leg arthrogram you will need crutches for 48 hours. Resumption of vigorous exercise after the 48 hours will be at your primary care provider's discretion.
3. You may wear gym shorts during the examination. Please wear or bring these with you.
4. Please arrive 15 minutes early. If you are 15 minutes late for your appointment time your examination will be cancelled.
5. Please be aware that urgent and emergent patients may disrupt the schedule. Be prepared to spend at least 2 hours in the Radiology Department. Due to the use of radiation during this procedure, we do NOT allow small children in the exam room. **Please make arrangements for child care.** For any information, to re-schedule or to cancel your appointment please contact the Radiology Department at the phone numbers listed above.

Thank you,  
Radiology Staff

*CONFIDENTIALITY NOTICE: This document may contain information covered under the Privacy Act, 5 USC 552(a), and/or the Health Insurance Portability and Accountability Act (PL 104-191) and it's various implementing regulations and must be protected in accordance with those provisions.*