

## 4 OB INFORMATION AND INSTRUCTIONS TO PATIENTS

Commanding Officer wishes to welcome and assure you that all necessary care and treatment will be provided to you will you are a patient here. These instructions have been formulated to ensure the safety of all our patients on 4OB.

### Ward Rules and Procedures.

#### a. Visitors

1. **Before/During Delivery:** Your significant other and/or support person may stay 24 hours day until you have your baby. Your own children may visit if desired, but must have another designated adult to accompany them at all times, and they must leave if requested by the hospital staff.
2. **After Delivery:**
  - a) **Visiting Hours: 1000-2000.** Due to space limitation, two visitors at a time are usually permitted with each patient and may not stay overnight after you have your baby, whether your stay is in the room that you delivered, or if you are transferred down the hall to the Mother-Baby Unit.
  - b) **Children Visitors:** All children visitors must be healthy(no cold, flu, chickenpox, GI symptoms).
    - 1) **Siblings:** All siblings of a newborn may visit from 1000-2000 and must be accompanied by an adult at all times.
    - 2) **Non-siblings:** Only those over the age of 12 may visit between 1000-2000.
3. **Visitors may wait in the Family and Friends Waiting Room, located across from the Nurse's Station.**

b. **Lights Out:** Please be courteous of your roommate with respect to noise(radio, TV, visitors) and overhead lighting.

#### c. Compound Privileges

1. **Only your attending provider may grant hospitable compound privileges. After obtaining this order, you must clear any trips off the ward with your nurse prior to leaving.**
2. **Smoking:** This is a smoke free hospital. You may smoke outside in the designated smoking area should your provider grant you hospital privileges to do so.
3. **You or your visitors are not authorized to enter the nurse's stations, offices, or diet kitchen without proper authorization.**

d. **Clothing:** When outside your room, you are expected to wear appropriate hospital clothing, including a robe. For safety reason, you must wear slippers or shoes; bare feet are not appropriate.

e. **Mail/Flowers are delivered to patients as they arrive. The correct mailing address here is:**

(Patient's Name)  
Ward 4 OB  
Naval Hospital Bremerton  
HP01 Boone Road  
Bremerton, WA 98312-1898

f. **Pastoral Care Department is located on the first deck across from the dining hall. Catholic and Protestant chaplains serve on staff to minister to patients and hospital staff. Office hours are 0730-1600 Monday-Friday. The phone number is X4314. Catholic Mass is held at 1130 weekdays and 1030 on Sunday. The chapel is open 24 hours a day; robes and slippers are appropriate attire.**

I have read and fully understand the above instructions. I understand that I have the right to total quality care and if problems occur I may contact he charge nurse, nursing supervisor, ward Patient Contact Representative, or the Command Patient Contact Representative.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Witness Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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ORIGINATOR; 4OB  
OUTPATIENT RECORDS JACKET