

# NH Bremerton Ambulatory Procedure Unit (APU)

## Preoperative Instructions (PEDIATRIC)

Day of Surgery: \_\_\_\_\_

Please call the APU at (360) 475-4538 between 1:00-3:00 PM on the business day prior to surgery for your child's APU check-in time. Expected waiting time is typically 1½-2 hours. This time can change based on emergencies or other issues. If you forget to call, please report at 0630 in the event your child is the first case. Every effort is made to schedule young children as early as possible.

Please check-in at the APU Front Desk (4<sup>th</sup> floor, Room # 4002) with your **Military ID** at your given check-in time.

A parent or guardian is required to remain in the APU at all times when their child is under the care of the hospital. No children, other than patients, are allowed in the APU. Please arrange for child care arrangements. Hourly child care is available at the Jackson Park Child Development Center at (360)476-8666.

Please inform your family members that no food or drink is allowed in the APU waiting areas due to other patients who are not permitted to eat.

Unless directed by your child's doctor or other staff member, stop taking any aspirin or NSAID products (Motrin, Advil, Ibuprofen, Excedrin, Anacin) at least ten (10) days prior to surgery. These products increase the risk of bleeding during and after surgery. (\*See list of other medications that affect bleeding.) Acetaminophen or Tylenol is OK to take if needed.

- Children (12 and under): **DO NOT EAT OR DRINK ANYTHING ON THE DAY OF SURGERY EXCEPT:**  
Clear liquids (water, apple juice, etc.) up to two hours prior to the arrival time to the APU.  
Breast milk up to four hours prior to the arrival time to the APU.  
Milk or formula up to six hours prior to the arrival time to the APU.

- Children (13 and older): **DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT PRIOR TO SURGERY.** Your child may brush his/her teeth the morning of surgery but do not allow him/her to drink anything.

Your child may bath or shower on the morning, but do not apply deodorant, perfume, lotions, powder, or makeup to his/her body. Wear loose fitting clothing to the APU. Leave all valuables at home. Prior to surgery, your child will need to remove all jewelry, contact lenses, and any hair fasteners. Young children may be allowed to wear loose fitting pajamas and socks. Please bring a small bag for your child's belongings.

The following pain scale is used for pediatrics patients:



Please complete prior to surgery:

- Radiology (2<sup>nd</sup> floor) for X-Rays
- LAB (2<sup>nd</sup> floor) for any lab work
- Drop off AM urine sample at LAB (2<sup>nd</sup> floor) prior to checking in at APU.
- Ortho Clinic (2<sup>nd</sup> floor) for crutches, fitting and training
- \_\_\_\_\_

I understand these preoperative instructions. Parent / Guardian signature: \_\_\_\_\_

Staff signature: \_\_\_\_\_

Date: \_\_\_\_\_

Add patient label

NH BREM 6406/14A (Rev 02/08)

## **NH Bremerton APU**

## **Medications that can affect coagulation**

4-Way Cold Tablets	Coricidin	Motrin
Acetylsalicylic acid	Coumadin	Naprosyn
Acuprin	Darvon Compounds	Norgesic
Advil	Demerol w/APC	Nuprin
Alka-Seltzer	Dristan	Nyquil
Alleve	Duragesic	Nytol
Aluprin	Ecotrin	Pamprin
Amytal & Aspirin	Empiral	Percodan
Anacin	Empirin	Plavix
Anaprox	Excedrin	Rhinex
APAC	Feldene	Roxiprin
ASA	Fiorinal	Sine-Aid
Ascriptin	Four Way Cold Tablets	Sine-Off
Aspergum	Ibuprofen	Sominex
Aspirin (ASA)	Indocin	Talwin Compounds
Baby Love	Indomethacin	Tenol Plus
Baby Love Chewable	Liquiprin	Tetracyclin
Bayer Products	Methocarbamol w/ASA	Ticlid
Bufferin	Midol	Triaminicin
Children's aspirin	Midrin	Vanquish
Cope	Monacet compound	Zorprin

## **Herbal supplements that can affect coagulation**

Agrimony	Clove	Parsley
Alfalafa	Dandelion	Passion Flower
Aloe	Fenugreek	Poplar
Aniseed	Garlic	Sarsaparilla
ASA Foetida	Ginger	Senega
Aspen	Ginko Biloba	Tamarind
Bladder Wrack	Ginseng	Tonka Beans
Capsicum	Horseradish	Wild Carrot
Cassia	Licorice	Wild Lettuce
Celery	Nettle	Willow
Chamomile	Onion	Wintergreen

Add patient label

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