

## ABDOMINAL ULTRASOUND INSTRUCTIONS

Your appointment will be on \_\_\_\_\_ at \_\_\_\_\_  
(Day) (Date) (Time)

- Avoid all fatty and gas producing foods such as bacon, beans, carbonated beverages, etc.
- Please do not eat, drink, smoke, or chew gum after midnight until you examination is completed.
- If you are taking prescribed medication, continue to do so with a minimal amount of water.
- Take one(1) tablet of Simethicone 80 mg two (2) times a days for two (2) two days before your examination.
- If you are diabetic, please inform us so we may give you further instructions concerning your medication.
- Please make a follow-up appointment with your doctor within one weeks of having your examination.

If you have any questions concerning these instructions or the examination you have been scheduled for, please call us at (360) 475-4220, DSN 494-4220, or Toll Free at 800-442-1383.

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Originator: Radiology