

**SPECTACLE PRESCRIPTION**  
**NAVAL HOSPITAL OAK HARBOR**  
**OPTOMETRY DEPARTMENT**  
**3475 N. SARATOGA STREET, OAK HARBOR, WA 98278**  
**360- 257-9788**

NAME		DATE <small>(Prescription expires 2 yr. from this date)</small>	
SPHERE	CYLINDER	AXIS	
O.D.			
O.S.			
ADD	REMARKS		
O.D.	NOTE: Ultraviolet light may cause cataracts and retinal damage. It is recommended that your lenses have ultraviolet protection.  THIS PRESCRIPTION IS FOR SPECTACLES ONLY - NOT FOR CONTACT LENSES		
O.S.			
P.D.			
DIST	NEAR		
SIGNATURE			
NHOH 6490/1 (7-04)			

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