AVIATION RESCUE SWIMMER AND HIRA PRACTICAL TRAINING FORM
CALENDAR YEAR _____

EMAIL?SUB

AVIATION RESCUE SWIMMER

QUARTERLY TRAINING REQUIREMENTS

LIFE SAVING PROCEDURES:	JAN-MAR	APR-JUN	JUL-SEP	OCT-DEC
S1. APPROACHES/CARRIES				
S2. ESCAPES/RELEASES				
S3. COMBATIVE SURVIVOR				
S4. EMERGENCY FLOTATION (MOB)				

SEMI-ANNUAL TRAINING REQUIREMENTS

PARACHUTE DISENTANGLEMENT:	JAN - JUN		JUL - DEC	
S5. INTEGRATED TORSO HARNESS	(D)	(N)	(D)	(N)
S6. U.S. NAVY BACKPACK	(D)	(N)	(D)	(N)
S7. AIRSAVE VEST	(D)	(N)	(D)	(N)
S8. RAFT	(D)	(N)	(D)	(N)
RESCUE EQUIPMENT/DEVICE PROCEDURES:				
S9. RESCUE STROP	(D)	(N)	(D)	(N)
S10. RESCUE LITTER/TRAIL LINE	(D)	(N)	(D)	(N)
S11. RESCUE SEAT	(D)	(N)	(D)	(N)
S12. RESCUE NET/RESCUE BASKET	(D)	(N)	(D)	(N)
S13. TRI-SAR/QUICK STROP	(D)	(N)	(D)	(N)

ANNUAL TRAINING REQUIREMENTS

RESCUE SWIMMER OPS (DEPLOYMENTS)	JAN - DEC
S14. DAY FREE FALL (2)	
S15. DAY DIRECT DEPLOYMENT (2)	
S16. NIGHT DIRECT DEPLOYMENT (2)	

NAME (LAST, FIRST, MI, SUFFIX):

HELICOPTER INLAND RESCUE AIRCREWMAN

QUARTERLY TRAINING REQUIREMENTS

RAPPEL PROCEDURES:	JAN-MAR	APR-JUN	JUL-SEP	OCT-DEC
H1. STANDARD RAPPEL				
H2. BAGLESS RAPPEL				
H3. RAPPEL W/LITTER (OPEN)				
SHORTHAUL PROCEDURES: (SURVIVOR IN)				
H4. HARNESS				
H5. HOISTING VEST				
H6. RESCUE LITTER				

SEMI-ANNUAL TRAINING REQUIREMENTS

HOIST RECOVERY FROM SHORTHAUL (INFLIGHT OR HOVER)	JAN - JUN	JUL - DEC
H7. SURVIVOR IN HOISTING VEST		
H8. SURVIVOR IN LITTER		
DECENT CONTROL PROCEDURES: **TOWER ONLY**		
H9. QUICK STOPS (1)		

ANNUAL TRAINING REQUIREMENTS

VERTICAL SURFACE OPS	JAN - DEC
H10. OVERLAND DIRECT DEPLOYMENT (2)	

RANK/RATE:

NOTES:

1. A SEPARATE TRAINING FORM SHALL BE USED FOR EACH CALENDAR YEAR.
2. TRAINING ON ALL APPLICABLE EQUIPMENT/DEVICES SHALL BE COMPLETED IF USED BY YOUR COMMAND.
3. ALL ENTRIES SHALL BE DAY FOLLOWED BY THREE LETTER MONTH DESIGNATOR EXAMPLE: (31JUL).
4. TRAINING EXPIRES ON THE LAST DAY OF THE MONTH IN WHICH IT WAS COMPLETED.
5. ANNOTATE "A" (AIRCRAFT) OR "T" (TOWER) FOR RAPPEL AND SHORTHAUL PROCEDURES.